FULL BACK SHIATSU MASSAGER

Instruction Manual
Models MA0259MS

PLEASE READ AND KEEP THESE IMPORTANT SAFETY INSTRUCTIONS
Keep this manual with the appliance. If the appliance is to be used by a third party, this instruction manual must be supplied with it.
MICASA branded product provides an affordable range of well presented, elegant home ware and appliances. Products which are ranged and selected are chosen to suit your contemporary lifestyle and cater for your home ware needs today. Micasa aims to provide products which are fashionable, affordable, and reliable to meet your home ware demands.

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Helpline
New Zealand call toll free 0508-274-2722

Distributed by
Asia Pacific Brands Limited
PO Box 113001 Broadway
Newmarket, 1149
Auckland, New Zealand

FEATURES

✓ 4 Action Massage Nodes
✓ Full Back Shiatsu Massage
✓ Soothing Heat Therapy
✓ Seat Vibration
✓ Timer
✓ Home, Office and Auto use

Turn your sofa or seat in to a massage chair. The integrated strapping system allows you to secure the massager on to any seat.
PARTS DETAILS

**ON/OFF Button:**
To turn on the massage functions, press the button once. The L.E.D will illuminate and confirm your selection. To turn off the massager, press the button again. The L.E.D. indicator will blink while the massage assembly returns to its lowest position and turns the device off.

**Demo Button:**
Quick demonstration of the Shiatsu Massager features. The L.E.D. light will blink to indicate the active functions. Once complete, the device automatically turns off.

**Seat Vibration Button:**
Press to activate seat vibration. Subsequent presses allows user to adjust vibration intensity (Hi / Med / Low / Off vibration).

**Heat Button:**
Turns on/off soothing heat function. Heat cannot be turned on if massage is not selected.

**Timer Selection Button:**
Press to adjust massage duration. L.E.D will illuminate according to selected duration.

**Massage Selection Buttons:**
- **Full Back:** Massage will target the entire back.
- **Upper Back:** Massage will focus on the mid-upper back only.
- **Lower Back:** Massage will focus on the mid-lower back only.
## OPERATION

<table>
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<th>Feature</th>
<th>Description</th>
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<tr>
<td>Invigorating Shiatsu back massage</td>
<td>Enjoy a comfortable kneading massage to ease tension and fatigue. Customise your own massage program to target upper and lower back.</td>
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<tr>
<td>Soothing Heat therapy</td>
<td>Optional heat relief for muscle aches and pains.</td>
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<td>Seat vibration</td>
<td>User selectable vibration intensity to promote lower body circulation.</td>
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<td>Timer</td>
<td>Choose the duration of your massage. 5, 10 or 15mins. Auto shut-off function after 15mins of continuous use.</td>
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<td>Easy to use controller</td>
<td>Easily customise your massage to your preference.</td>
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<tr>
<td>Versatile and portable, Home, office or car use.</td>
<td>Turn your sofa or seat into a massage chair. Integrated strapping system allows you to secure your Shiatsu Massager onto any seat.</td>
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BEFORE FIRST USE

Unpack the box with care, remove all the packing materials away from the appliance and keep it for later use; Dispose of any plastic bags as they pose a risk to young children of suffocation.

1. Place the massager on a suitable seat or backing
2. Use the elastic straps and the Velcro fasteners on the back of massager to secure the massager to the seat / support.
3. Connect the adaptor output / car adaptor output to the socket of the massage device
4. Turn on the massager via the wired controller.

NOTE: When ON/OFF button is pressed for first-time use, the massage mechanism will automatically move to the lowest position before starting a massage program. The massage mechanism will always return to this lowest position after the device has been turned off. If electrical supply is interrupted, the mechanism will revert to the lowest position when power is restored.
CLEANING AND MAINTENANCE

Regular maintenance of your appliance will keep it safe and in proper operational order.

Before Cleaning
When not in use or before cleaning, always disconnect the appliance from the mains supply.
Never immerse the appliance or adapter in water or any other fluid, Do not rinse it under the tap.

Cleaning
• Regularly clean the outside of the appliance with a soft damp cloth and dry it with a dry towel. Do not immerse in water.
• Never use brushes, aggressive cleaning agents, petrol, thinners or alcohol
• Wait until the device is completely dry before using it again.
• Undo any kinks in the cable.
• Take care when rolling up the mains lead to avoid damaging it.

Store in a Safe Place
When not in use store your appliance and all its accessories and instruction manual in a safe and dry place.

SPECIFICATIONS

Adapter Input: AC 220-240V, 0.8A
Adapter Output: DC 12V, 1.5A
Rated Frequency: 50Hz / 60Hz

SAFETY

To avoid any risk of fire, shock hazard or personal injury, follow these guidelines.

Carefully read this manual before using this appliance.
Ensure that you know how the appliance functions and how to operate it.
Maintain the appliance in accordance with the instructions to ensure that it functions properly.
Keep this manual with the appliance. If the appliance is to be used by a third party, this instruction manual must be supplied with it.
The safety instructions do not by themselves eliminate any danger completely and proper accident prevention measures must always be used.
No liability can be accepted for any damage caused by non-compliance with these instructions or any other improper use or mishandling.

GENERAL AND ELECTRICAL SAFETY

Do not use this appliance for any use other than its intended purpose
When using electric appliances always observe safety regulations where applicable to reduce the risk of fire, electric shock and personal injury. Always check that the power supply corresponds to the voltage on the rating plate. Always unplug the appliance when not in use.
Supply Cord and Plug
Always unplug from mains supply when not in use. Do not abuse or damage the power cord. If the supply cord is damaged, it must be replaced by the manufacturer or its service agent or a similarly qualified person in order to avoid a hazard. Do not let the supply cord touch hot surfaces.

Children and Infirm Persons
This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children must be supervised to ensure they do not play with the appliance, do not allow children to use the Appliance without supervision.

Water
Do not immerse appliance in water. Do not immerse any part of this appliance or supply cord in water. Do not use with wet hands or use in damp situations.

Use and Environment
- Before connecting the device to your power supply, please ensure that the supply voltage stated on the rating plate is compatible with your mains supply.
- Only insert the power supply unit into a socket when the appliance is switched off.
- Only use the power supply unit supplied for the massager.
- Keep the power supply unit, cable and appliance well away from heat, hot surfaces, moisture and liquids.
- Do not touch the power supply unit when you are standing in water and always take hold of the plug with dry hands.
- Do not take hold of a device if it falls into water. Pull out the power plug and the power supply unit from the socket immediately.
- Connect the device only in that way, so that the power plug is freely accessible.
- Always switch off the appliance after use with the buttons on the control unit and unplug the power supply unit.
- To disconnect the unit from the power supply, always pull the plug out of the socket. Do not pull on the cable!
- Do not carry, pull or twist the device on the cable or the power supply unit.
- You must not continue to use the unit if the lead or the mains adaptor is damaged. For safety reasons, these parts may only be replaced by authorized service personnel. In order to prevent hazards, always send the unit in to the service centre.
- Ensure that the cable will not cause tripping. The cable must not be kinked, trapped or twisted.

Specific Groups of People
- This product is not intended for medical use, nor shall it be used as a substitute for medical attention. The product is solely intended to provide back massage to users.
- Chronic complaints and symptoms may be made worse.
- Do not use the massager, or only after consulting your doctor, if:
  o you are pregnant,
  o you have a cardiac pacemaker, artificial joints or electronic implants
  o you suffer from one or more of the following illnesses and complaints:
    ▪ Diabetes
- Circulation disorders,
- Varicose veins,
- Open wounds,
- Bruises, broken skin,
- Inflammation of the veins or inflamed areas.

- Do not use the appliance near your eyes or near any other sensitive areas.
- If you experience any pain or discomfort during the massage, stop immediately and consult your Doctor.
- Take care when using the heating function. The appliance has hot surfaces. Do not use the appliance on small children, vulnerable individuals or people who are not sensitive to heat.
- Before using the massager, consult your doctor regarding any unexplained pain, if you are undergoing medical treatment or using medical equipment.

**Operating the Unit**

- The device must only be used for its intended purpose as described in the instruction manual.
- Using the unit for any other purpose may void the warranty.
- Only use the appliance in the proper place, as described in this instruction manual.
- Do not use the appliance while you are asleep or when you are lying in bed.
- Do not use the appliance before going to sleep. The massage has a stimulating effect.
- Never use the appliance while driving a vehicle or operating a machine. Do not use in cars or automobiles when the ambient cabin temperature exceeds 40 degrees Celsius.
- The maximum operating time for one session is 15 minutes. Prolonged use reduces the service life of the appliance. Please rest the unit for 15 minutes before using it again.
- Never put the unit down next to an electric stove or other sources of heat.
- Never leave the unit unattended if it is connected to the power supply.
- Do not allow the massage cushion to come into contact with pointed or sharp objects.
- Do not cover up the appliance when it is switched on. Never use it under blankets or cushions. There is a risk of fire, electric shock or injury.
- Make sure, that no fingers or other parts of the body come between the rotating massage heads as there is a risk of injuries!
- Do not use an external time switch or a separate remote control system to operate the appliance.

**Damaged or Dropped**

Always inspect your appliance before use. Check parts are correctly attached. Do not use this appliance if it has been damaged, dropped, left outdoors or dropped in water. Return it to an authorised service dealer for examination and repair.